

## TENNIS & ACADEMICS PROGRAM



The Tennis & Academics program was designed for players who want to benefit of a great tennis and physical training combined to an academic program. Players are taking part in 10 hours weekly tennis and fitness sessions. In the same time players are taking part to the weekly academic program in our school partner (Ecole Internationale Le Verseau)

The Tennis & Academics program is available from september to june but the places are limited.



# JUSTINEHENIN ACADEMY

## JUSTINE HENIN TENNIS ACADEMY

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The Justine Henin Academy welcomes students who have a serious project for personal development and sports. They should be totally committed and be ready to work hard to achieve their goals.

The Tennis & Academics program, boarding and non-boarding are proposed from 1<sup>st</sup> September to 30<sup>th</sup> June with optional possibility to extend during the vacations.

Our players are aged from 12 to 18. Tennis and Physical coaches are working together, with individualized programs. The academy also organizes tour travelling with coaches all around the world to play international tournaments (Tennis Europe 14, Tennis Europe 16, ITF Juniors).



## ECOLE INTERNATIONALE LE VERSEAU

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The International School “Le Verseau” is located at 8 km from the tennis center (10 min. by car). Transport between the school and the academy may be dealt by our staff \*. Le Verseau practises French language teaching.

### PHILOSOPHY

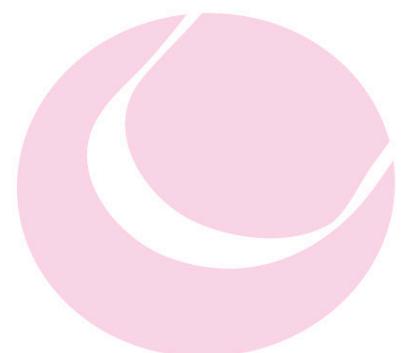
L'école n'est pas seulement le lieu où se prépare une carrière ou une profession : elle doit permettre aussi de développer toute la personnalité et de relier celle-ci à la vie sociale et planétaire. C'est pourquoi, tout en attachant une grande importance aux sujets académiques, nous favorisons également l'imagination, les activités sportives et artistiques, ainsi que l'apprentissage de la relation. Dans cette optique, nous trouvons important d'encourager chacun à se découvrir, à se comprendre soi-même et à apprendre la réflexion tant par l'attention et la conscience de son propre comportement que par l'intégration personnelle des connaissances. A cet effet, l'esprit critique nous paraît essentiel dans notre monde en mutation profonde: nous cherchons à le développer par le décodage de l'environnement médiatique et le questionnement scientifique.



### FOR MORE INFORMATIONS :

Ecole Internationale Le Verseau  
Rue de Wavre 60, 1301 Bierges, Belgique  
<http://www.eiverseau.be>

**\*See prices conditions**



## PROGRAM DESCRIPTION

### Included in the program:

- Tennis workout (7 hours weekly\*);
- Physical workout (3 hours weekly\*);
- Physical prevention;
- Mental workout : Individual program (on demand).
- Sport Nutrition :
  - Meals specifically adapted to the sport
  - Tests and follow-up.
  - Individual program (on demand).
- Medical supervision;
- Physiotherapy supervision (injury treatment not included);

### BOOST YOUR PROGRAM !

You can also add individual tennis lessons to get more out of your program. If you are interested to BOOST YOUR PROGRAM let us know when you register for your TENNIS & ACADEMICS PROGRAM. This option is available during the whole year but the places are limited.

### BOARDING

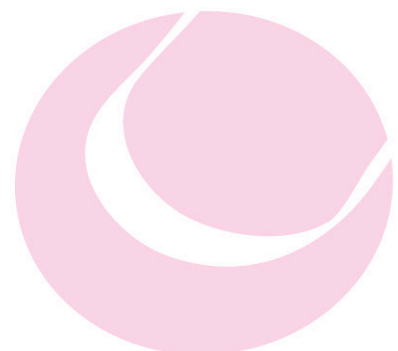
The full boarding includes the housing in rooms with other players, and the accommodation manager supervision. Full boarding also includes all the meals and transports from housing to the tennis center.

Full boarding at the academy is available for 13<sup>th</sup> years old players and more. Are you under 13<sup>th</sup> years old? Never mind our host family will welcome you very warmly. And if you join us with your parents, we would propose you to stay in our partner's hotels (see registration form).

Included in the boarding :

- 3 meals/day;
- Double rooms ;
- Transportations;
- Activities (2 times/month);

\*depending on the academic program.



## PRICES AND SERVICES INCLUDED

	Prices
Academic	Not included (To be seen with the school)
Tennis and Physical Program	1000€/month
Mental Program	Yes
Nutrition	Yes
Accommodation	800€/month
Transportation :	
to and from School	8€/G-B
to and from Brussels airport	55€
to and from Charleroi airport	75€
Laundry	50€/month
Breakfast	Boarding only
Lunch	Yes
Dinner	Boarding only
Transportation Academy-Residence-Academy	Boarding only
Club Membership – Use of Facilities	Yes
Wireless Internet	Yes
Physiotherapy Service Check-up	Yes
Federative License	25€
Registration Fee	Yes
BOOST YOUR CAMP ! Individual Lesson	9am-4pm 75€ 8am-9am 100€ per hour

